

# Fall 2010 Group Descriptions

## Women's Bible Study and Support

### 1<sup>st</sup> Hour

#### **The Ministry of Motherhood**

What is the purpose of Motherhood? Is there a purpose? This study is for any mother who desires to "train up her children in the way they should go." Come and be encouraged by Sally Clarkson's portrait of what a Godly mother can look like. We will rely heavily on Scripture for answers on discipling your children for God's glory, finding and keeping our purpose as mothers, and being joyful through it all.

Leader(s): Rosita Perkins

Cost: \$16

Maximum # of participants: 18

Materials to bring: Participants will need a Bible, a copy of The Ministry of Motherhood by Sally Clarkson, and a pen.

Homework: Participants will be required to read a chapter of the text book and answer questions for the chapter prior to coming to class.

#### **Better Prayer**

"The story of prayer is the story of great achievements." – E. M. Bounds. This class will be using the book A 12-Month Guide to Better Prayer for our weekly discussions, along with related Scripture verses and various examples of prayer in the Bible. This book features chapters drawn from the powerful writings of such individuals as E. M. Bounds, R. A. Torrey, George Whitefield, Andrew Murray and Charles Spurgeon. The goal is for each of our prayer lives to become fresher, stronger, and more real than ever before.

Leader(s): Nancy Siedschlag

Cost: \$10

Maximum # of participants: 16

Materials to bring: Participants will need to bring a Bible and pen. The book A 12-Month Guide to Better Prayer and binder with outlines and homework will be provided the first day.

Homework: Homework will include reading one chapter from A 12-Month Guide to Better Prayer (approx. 10-15 pages), related verses and examples of prayers in the Bible, and then answering a few questions based on the assigned reading (approx. 1 to 2 hours weekly). Scripture memorization will be optional.

#### **So Long, Insecurity!**

Insecurity can affect everything—how we see ourselves, our self-worth, our relationships, and even our future. It can be crippling and make us miserable. It's time to say "So Long" to insecurity. How? First we have to understand it, and the good news is that insecurity is understandable. The even better news is that insecurity is curable. Join Beth Moore as we seek out Truth through her book So Long Insecurity and the Word of God.

Leader(s): Angela Dupree

Cost: \$22

Maximum # of participants: 16

Materials to bring: Book provided.

Homework: Each week you will read 1-2 chapters for class and be ready to discuss.

#### **Intimacy with God**

Knowing God and knowing about God are two totally different things. Are you satisfied with knowing God as a mere acquaintance or do you yearn to know Him and to walk with Him daily? This study will focus on building that relationship with Him on a more intimate personal level. God loves you and is passionate about you! He desires to have a meaningful relationship with you too!

Leader(s): Brenda Billington

Cost: \$30

Maximum # of participants: 16

Materials to bring: Bible

Homework: Daily bible study and prayer time

### **New Member Connections 1st Hour**

**\*\*\*New Members Only\*\*\*** This is a group for new SEEK members to meet with one another. The focus will be to strengthen our connection with God, our children and the homeschool community. The format will include a brief devotional as an entire group and then dividing into smaller groups for discussion of various topics related to homeschooling, such as curriculum choices, networking, volunteering, sports opportunities, etc... The goal is to offer an environment for the sharing of ideas and techniques about homeschooling, as well as provide an opportunity to form meaningful friendships and a connection to the SEEK community.

Leader(s): Lynn Custer

Cost: \$3

Maximum # of participants: 20

Materials to bring: Participants will need a Bible, pen and notebook.

Homework: Minimal

### **Women's Bible Study and Support**

#### **2nd Hour**

#### **Nehemiah**

Using Pastor Stephen Davey's book, Nehemiah: Memoirs of an Ordinary Man, we will see how one man affected the lives of so many people. What kind of relationship did Nehemiah have with God, and can we also have that same kind of relationship? Are you willing to walk with me? To read, study and learn from the Word of God how an ordinary Christian woman can face her fears, her troubles, and her faults? To find victory and become the woman that God intended her to be? Put on your armor and join me for the challenge. Let us learn together what the Lord has to say.

Leader(s): Jessica Roberts

Cost: \$8

Maximum # of participants: 16

Materials to bring: Participants will need to bring a Bible and a pen or pencil.

Homework: The homework requires 20-30 minutes of reading each week.

#### **Calm My Anxious Heart**

Have you ever found yourself gripped with worry or panic about "what ifs" that never happened? Worry is a common sin area that we can all relate to. It can cause fatigue, weight gain, depression, insomnia, irritability, headaches, joint pain, and even disease. In her book, Calm My Anxious Heart, Linda Dillow shares how we can have peace in our lives through contentment and trusting God the way He wants us to.

Leader(s): Robyn Crone

Cost: \$3

Maximum # of participants: 16

Materials to bring: Participants will need to bring a Bible, a copy of Calm My Anxious Heart by Linda Dillow, a pen, and a small notebook (optional).

Homework: We will be reading a chapter weekly, answering study questions, and memorizing verses.

Homework should take 30 minutes to an hour per week.

#### **Seasons of a Mother's Heart**

We will read and discuss chapters 1-6 in Seasons of a Mothers Heart, and I will share examples from home schooling my sons. We will continually discuss the bigger picture of why we are homeschooling!

Leader(s): Lynn Custer

Cost: \$3

Maximum # of participants: 18

Materials to bring: Participants will need a copy of Seasons of a Mother's Heart by Sally Clarkson, a Bible, and a notebook.

Homework: Read a chapter every other week and study the Bible verses at the end of each chapter.

## **Breaking Free**

**Note: This is part 1 of a two-semester class. It will continue in the spring.**

A Christian is held captive by anything that hinders the abundant and Spirit-filled life God planned for her. God intends for you to know and believe Him, glorify Him, find satisfaction in Him, experience His peace, and enjoy His presence. Breaking Free is Beth Moore's life message about freedom in Christ. Join us on a Bible journey unlike any other with an updated member book and with new DVD teaching sessions. Through Scripture you will discover the transforming power of Christian freedom.

Leader(s): Jan Castro

Cost: \$8

Maximum # of participants: 16

Materials to bring: Members must bring a copy of the book Breaking Free (Updated Edition) by Beth Moore, a Bible, and a pen/pencil.

Homework: Students will have two weeks to complete the 5 daily lessons (30-45 minutes each) for each session.

## **New Member Connections 2nd Hour**

**\*\*\*New Members Only\*\*\*** This is a support group for new SEEK members to meet weekly with one another in a small-group setting. The focus will be to strengthen our connection with God, our children and the homeschool community. The format will include a brief devotional as an entire group and then dividing into smaller groups for discussion of various topics related to homeschooling, such as curriculum choices, networking, volunteering, sports opportunities, etc... The goal is to offer an environment for the sharing of ideas and techniques about homeschooling, as well as provide an opportunity to form meaningful friendships and a connection to the SEEK community.

Leader(s): Nancy Siedschlag

Cost: \$3

Maximum # of participants: 20

Materials to bring: Participants will need a Bible, pen, and notebook.

Homework: Minimal

## **Early Elementary (5-7 years old, 10/16/2002 to 8/31/2005)**

### **1<sup>st</sup> Hour**

## **A Picture's Worth a Thousand Words**

The Caldecott Medal is given to the artist who has created the most distinguished picture book of the year. The illustrations in these books exhibit humor, a sense of movement, vitality and action as they bring the stories they accompany to life. Join us as we use these stories to travel across the curriculum. We will choose a different Caldecott winner each week and use it to explore language, science, character traits, art and more. Find out why a picture truly is worth a thousand words.

Leader(s): Renee Johnson

Cost: \$23

Maximum # of participants: 16

Materials to bring: None

Homework: None

## **Adventure in Nature**

Grab your backpack and your hiking boots and come explore God's beautiful animals and their creative homes. We will "hike through" creeks, ponds and wooded areas to discover how frogs, salamanders, turtles, beavers and many other animals live in North Carolina. We will discover these habitats through art projects, stories, and games.

Leader(s): Kimberly Penniman, Jennifer Hartsoe

Cost: \$28

Maximum # of participants: 16

Materials to bring: Students will need a backpack and an art smock.

Homework: none

### **Autumn in Early America**

Our fun-filled Autumn in Early America class will focus primarily on three topics: Johnny Appleseed, American Indians and Thanksgiving. Giving 4 weeks to each subject and using lap booking techniques, we will incorporate art, history, reading, real books, science and other skills such as cutting paper and gluing. Your student will produce a lapbook for each topic and come away with a better understanding and knowledge of some key events of early America.

Leader(s): Gretchen Eck, Pam DiDomenico

Cost: \$28

Maximum # of participants: 16

Materials to bring: none

Homework: Students will occasionally be expected to finish up a small task we didn't complete in class.

### **Continents and Animals**

It's a fact children love animals. What better way to learn about science than through animals and the continents in which they live. We will learn about different kinds of animals, their habitats, characteristics, adaptations for survival, life cycles and classifications. Also, each student will create a notebook containing the information he/she learns throughout the semester.

Leader(s): Linda Fuller, Tonya Gecewicz

Cost: \$19

Maximum # of participants: 16

Materials to bring: Pencils

Homework: None

### **Five In A Row Adventures**

Come join our adventures as we use great children's books from the *Five In A Row* curriculum by Jane Claire Lambert as a doorway to learning. Each week we will read one story and use it to explore geography, art, history, vocabulary, science, social studies, Biblical concepts, math, or language arts.

Leader(s): Holly Brewster

Cost: \$18

Maximum # of participants: 16

Materials to bring: none

Homework: none

### **P.E. Power**

Many games provide opportunities to learn powerful life lessons. In this class we will use the power of fun to learn Scriptural truth cognitively and applicationally. Each game played in this class is chosen to frustrate, encourage, build up, and challenge the students. As they play, they will confront the emotions that come with winning, losing, failure, and success. We will discuss the importance of responding to these feelings in a healthy and Godly manner as we interact with simple but powerful texts of the Bible. Sign up and unleash P.E. Power!

Leader(s): Julie Campbell, Colin Campbell

Cost: \$18

Maximum # of participants: 16

Materials to bring: Each student will need a water bottle with his/her name labeled on it and comfortable shoes for running.

Homework: None

### **Early Elementary (5-7 years old, 10/16/2002 to 8/31/2005)**

#### **2<sup>nd</sup> Hour**

### **Crafty World Travelers**

Come join us as we travel the globe and visit the seven continents of the World. Our passports will allow us to stop in countries such as Africa, Germany, Japan, India, Mexico and more. An art piece will be created to

represent the countries we visit. Children will be excited to bring home unique crafts. There will be lots of gluing, cutting, and enjoyment.

Leader(s): Heath Cox, Kim Willson

Cost: \$13

Maximum # of participants: 16

Materials to bring: None

Homework: None

### **Fine Motor Fun**

If your child enjoys hands-on activities and you want him/her to develop more fine motor function, then this is the right class for your child. We'll be playing games and making crafts. Some of the activities will require the use of playdough, scissors, crayons, beads, as well as other manipulatives. We'll mix in the occasional treat to eat as well!

Leader(s): Julie Bailey, Wendy Bostic

Cost: \$25

Maximum # of participants: 16

Materials to bring: None

Homework: None

### **Flip and Shout**

Come join the fun in this tumbling and cheer class! Your child will be introduced, but not limited to, cartwheels, handstands, bridge-up kickovers and other progressive gymnastics skills. Each child will be challenged at his or her own ability level. The cheerleading portion of the class will be led by two former NC State cheerleaders and youth cheer instructors. Introducing cheers and chants will only be the beginning. A variety of jumps and basic stunts will complete this high-energy class. We will provide your young one all the necessary skills to cheer on their favorite team!

Leader(s): Brenna Brose, Laine Petrocci

Cost: \$23

Maximum # of participants: 16

Materials to bring: Participants will need a fitted t-shirt and shorts or sweats.

Homework: None

### **Fun and Games**

If you would like to learn some new games, or play some games you already know, then Fun and Games is the class for you! We will play card games such as Go Ape, Uno, and Crazy 8's. There will be some board games such as Bingo, Trouble, and P.U.! Other games we will enjoy are The Guessing Game of Smells, Charades, Heads Up Seven Up, and Four Corners. We will also put our creative talents to work and make a game. Come join me for a fun-filled semester!

Leader(s): Sybil Sellers

Cost: \$20

Maximum # of participants: 16

Materials to bring: None

Homework: None

### **Science Exploration for Boys**

Wanted: Energetic boys with curious minds needed to get messy and explore the world of science. Weekly experiments will teach science fundamentals in a hands-on, boy friendly way. Make an atomic glowing worm, design a hovercraft, and more exciting activities await you!

Leader(s): Kelli Doby, Jennifer Cramer

Cost: \$23

Maximum # of participants: 16

Materials to bring: Common household items may be requested for experiments a few times during the semester.

Homework: None.

### **Whacky Time Music**

This whacky music class will engage children in a variety of activities that will strengthen basic music concepts and reading skills. Children will be taught fundamental concepts of music such as: rhythm, tempo, volume, pitch, meter, note values, time and key signatures, notes and more! Our focus instrument will be a set of Boomwhackers. Whacky Time Music will incorporate literature, drama, games and movement. Time will also be devoted to music appreciation. We will study the life and works of famous classical composers. The fee for the class includes a set of Boomwhackers along with a Boomwhacker song book to be taken home at the end of the semester.

Leader(s): Louise Lewis, Vicki Daniel

Cost: \$38

Maximum # of participants: 16

Materials to bring: none

Homework: none

### **Elementary (8-10 years old, 10/16/1999 to 10/15/2002)**

#### **1<sup>st</sup> Hour**

### **Amazing Arthropods**

Want to learn about God's most abundant animals on Earth? Are you not afraid of seeing, being near, or touching all things creepy crawly? Then this is the class for you! While mostly concentrating on insects and arachnids, we will learn about things like the characteristics of insects, metamorphosis, migration, difference between butterflies and moths, diplopods and chilopods, and even the proper way to catch and care for common insects around our area. We will have many encounters with live and preserved arthropods, conduct experiments, make hands-on projects, and even have some tasty treats of real insects!

Leader(s): Meghan Rider

Cost: \$24

Maximum # of participants: 16

Materials to bring: Participants will need something to write with.

Homework: Collect and bring insects to class to share and exhibit some weeks. There will be an ongoing class project that will need to be worked on outside of class and presented on the last day. Attend BugFest on 9/11 for extra credit!

### **Communication Conglomeration!**

Do you know that you are constantly sending and receiving secret messages? Communication is all around you, and you are communicating and being communicated to when you don't even realize it! Join us as we explore the weird, wild, and wonderful world of Communication. We'll study a smorgasbord of communication topics—from public speaking, to advertising, to how to keep your Great Aunt Helga from pinching your cheeks at the next family reunion! Let the Communicating Begin!

Leader(s): Jessie McLaughlin, Ashley Tanas

Cost: \$17

Maximum # of participants: 16

Materials to bring: Students will need a pen or pencil and paper.

Homework: Students will have a minimal amount of homework, such as finding an advertisement and explaining the ways it tries to sell them a product.

### **Discovering Great Artists**

Join us for a fun and hands-on art activity class! Each week we will focus on a particular art style and a famous artist ranging from the Renaissance to pop art today. Students will then have the opportunity to create an art project associated with what they have learned. While many different techniques will be used, the focus will be on allowing students to explore and be creative. Students will be provided with all the materials they will need as well as a copy of Discovering Great Artists by MaryAnn F. Kohl and Kim Solga.

Leader(s): Carrie Willson

Cost: \$43

Maximum # of participants: 16

Materials to bring: None

Homework: Participants will have optional take-home coloring sheets. Each student will complete one mini report on the artist of their choice due at the end of the semester.

### **Fun with Puppets**

Tell people about Jesus through puppets! In this class, we'll be learning how to perform with puppets and we'll be making puppets. Each student will receive their own puppet (included in the class fee) and additional puppets. We'll be working toward performing at the end of the semester.

Leader(s): Craig Hardee, Ashley Hardee

Cost: \$48

Maximum # of participants: 16

Materials to bring: Great attitude and a willingness to learn and have fun with puppets

Homework: Practice with your puppet for at least 15 minutes a day

### **Jonathan Park V: Explorer's Society**

Come study the fifth volume in the Jonathan Park audio adventure series, The Explorer's Society. The Creation Response Team has been challenged to a "Battle of the Worldviews" on national TV. Their competition is the Explorer's Society, a group of evolutionary scientists who have become famous for their cutting-edge scientific discoveries. Join these two teams as they contend against one another at Niagara Falls, the Canadian wilderness, Mount St. Helens, the freezing Arctic of Ellesmere Island, the depths of the sea, and a German dinosaur graveyard! New and old Jonathan Park fans will enjoy this class.

Leader(s): Kimberly Trautman

Cost: \$21

Maximum # of participants: 16

Materials to bring: Students will need to bring a binder that will be provided the first day of class. They will also need a sharpened pencil.

Homework: None

### **Wonderfully Made**

Join us as we give glory to God while discovering what's going on inside our bodies! We will take an in-depth journey into the anatomy and physiology of the human body using Apologia's new book, Exploring Creation with Human Anatomy and Physiology by Jeannie Fulbright and pediatrician Brooke Ryan, M.D. We will begin with a brief history of medicine and a peek into cells and DNA, then learn about body systems such as skeletal, muscular, respiratory, digestive, cardiovascular, nervous and more! Each week we will discover more about how we are fearfully and wonderfully made by God. Students will enjoy demonstrations, experiments and in-class projects.

Leader(s): Lauren Wells, Rebecca Webb

Cost: \$30

Maximum # of participants: 16

Materials to bring: Students will need to bring pencils and a backpack. Notebooks with homework will be provided. It is not necessary to purchase the text book.

Homework: There will be approximately 30 minutes of homework per week. Students will be expected to give one presentation with a poster made by the student during the semester. Topics will be assigned by the group leaders.

## **Elementary (8-10 years old, 10/16/1999 to 10/15/2002)**

### **2<sup>nd</sup> Hour**

#### **American Girl Adventure (Girls Only)**

In this American girl adventure class, we are planning to go on a fun and exciting adventure for girls. We will study the American girls and their traditions. We will plan to decorate our pretend room from that time period. We will learn manners and some charm with a Biblical perspective of becoming a Godly young lady. We will make a craft for each girl to take home and enjoy. Finally, we will end with a tea party with each girl presenting

herself in a proper manner. Come join me for an exciting adventure of girlhood!

Leader(s): Terri Morris

Cost: \$28

Maximum # of participants: 16

Materials to bring: Each girl should bring a craft box full of scissors, crayons, glue, pencils, etc.

Homework: Minimal homework required.

### **Day at the Museum**

Calling all history buffs! Come join us for a wild ride where history comes alive! Loosely based on the 2006 movie, *Night at the Museum*, get to know Teddy Roosevelt, Sacagawea, Attila the Hun and more. We'll chase dinosaurs, explore cultures, and expand westward across North America. Brief excerpts of the movie will be shown to set the stage for the exhibits to be studied. Activities will be hands-on and the semester will culminate in a trip to a local museum where the students will choose their own exhibit to research and "bring to life"!

Leader(s): Sharon Hisler, Susan McAllister

Cost: \$33

Maximum # of participants: 16

Materials to bring: Participants will need a notebook, a pencil, markers and/or crayons.

Homework: Students will be required to complete weekly activity sheets and three projects throughout the semester: a writing/drawing activity, a lapbook, and a diorama.

### **Navigation Station**

We interrupt this broadcast to present you with a challenge! What do these names have in common:

Azerbaijan, Bhutan, Guyana? Become a member of the Navigator's Club at Navigation Station to find the answer. We will uncover the mysteries of maps and navigation in order to land in some very interesting places. Complete this geography adventure so you can impress friends and family with your knowledge of interesting countries from every continent.

Leader(s): Lisa McCarthy, Elizabeth Donohue

Cost: \$15

Maximum # of participants: 16

Materials to bring: None

Homework: As a member of the Navigator's Club you will be required to work on a geography dictionary each week, research one country (once during the semester) and present your findings to the group, enjoy "exotic" food and most of all have fun.

### **Presidents I**

The class covers the first 22 presidents. We will also take a look at our nation's founding and how a president is elected. Students will need to be able to read, but parents are encouraged to read with their children and may assist them. Students will be rewarded for their earned memorization patches with Presidential gold dollars which will be placed in a provided Presidential dollar book.

Leader(s): Sally Lawson

Cost: \$33

Maximum # of participants: 16

Materials to bring: Students will need to bring pencils. Other materials are provided.

Homework: Students will be earning 5 different patches and reading about presidents 1-22. They will also do a report on a president or first lady at the end of the semester. One hour per week for reading and patch memorization.

### **Sing, Sing, Sing!**

Do you love to worship through praise music? We will learn some basics such as reading music, rhythm, and tempo; and then we will sing! The class will include short devotions/lessons based on the songs so that we can know more about the words and their meanings, a lot of time for singing, and then an allergen-friendly snack at the end. A cd and songbook combo will be provided so you can practice at home. Come and join us—it will be a blast!

Leader(s): Sonya Goddard, Tricia Gavankar

Cost: \$25

Maximum # of participants: 16

Materials to bring: Songbook and folder are provided and required each week.

Homework: Students are expected to practice to the provided cd a few times each week.

### **Travel Down the Mississippi**

Join us as we travel down the Mississippi River with a snapping turtle named Minn. We will explore the fascinating world of the river, bayou's, steamboats, river pirates, flatboats and keelboats, French and Spanish explorers, plantations and floods. We will map our journey from the hatching of Minn at the source of the mighty Mississippi downstream through the heart of America to the Gulf of Mexico. We will read in class Minn of the Mississippi by Holling Clancy Holling each week and then work on our maps in class.

Leader(s): Teri Hooper, Linda Hunt

Cost: \$28

Maximum # of participants: 16

Materials to bring: Students will need to bring a pencil, colored pencils, and a 3-ring binder (1-inch is fine) to class each week.

Homework: There will be no homework on a weekly basis. All reading will be done in class. Each student will be given a topic to research and do an oral presentation in front of the class before the end of the semester.

**Middle School (11-13 years old, 10/16/1996 to 10/15/1999) and High School (14-18 years old, prior to 10/16/1996)**

**1<sup>st</sup> Hour**

### **Exploring Creation with General Science (Middle School Only)**

**\*Note: This is Part 1 of a two-semester class. It will continue in the spring semester.**

This course from Apologia includes a mixture of physical, life and earth science topics. It covers the history of science, scientific inquiry, experimental interpretation, applied science and technology, foundations of geology, fossil record, life, and the human body. This class will give a Christian view of science with lab experiments to be done in class. Parents will need to review chapter study guides with their child and will administer and grade tests. Also, some experiments will need to be started, finished or done at home periodically.

**\*Note: This class does not finish the book. Participants will be expected to complete some chapters at home over the Christmas break and after SEEK concludes next spring.**

Leader(s): Carolyn Cuany, Cindy Walker

Cost: \$38

Maximum # of participants: 16

Materials to bring: Participants will need a copy of the book Exploring Creation with General Science and Solutions and Tests for Exploring Creation with General Science, both by Dr. Jay L. Wile. **Both texts must be first edition copies (2000), as second edition copies will not be compatible with this class.** Copies of the first edition text and solutions are available at amazon.com. Students will also need a 1-½ inch 3-ring binder with 16 dividers. Each participant will be asked to provide some additional materials for experiments one time during the school year.

Homework: Students will be required to complete reading assignments, chapter questions and lab reports for each chapter. This will require approximately 2-4 hours weekly at home. Parents will administer and grade tests at home. There will be some additional homework required over the SEEK Christmas break in order to complete the first half of the text.

### **U.S. History-Based Writing (Middle School Only)**

**\*Note: This is part 1 of a two-semester class. It will continue in the spring semester.**

We will be using the *Institute for Excellence in Writing's* U.S. History Based Writing Lessons Volume I: Explorers to the Gold Rush. It is not necessary for your student to have previous instruction in IEW or to currently be studying American History. Writing topics covered will include vocabulary, grammar, poetry, essay and research writing. The fall semester will cover IEW's units on key word outlines, writing from notes, summarizing reference material and writing narrative stories. Students will learn by completing a lesson as a group, brainstorming together for descriptive words, playing vocabulary word games and working

independently at home. At the end of the year each student will have a bound personal portfolio of the material they completed in this class.

Leader(s): Michele Coberly, Elizabeth Hale

Cost: \$48

Maximum # of participants: 16

Materials to bring: lined paper, pens or pencils, and a thesaurus if you have a portable edition available.

Homework: Writing assignments will be given each week. Lessons taught in class will prepare students to complete writing assignments at home. Homework will require 30-60 minutes of the student's time each week.

### **Word Roots: Empower the Mind (Middle School Only)**

Join us for a fun semester of learning word roots through games, memorization and classroom activities. Word Roots is designed to help students expand their spelling, vocabulary and comprehension. We will introduce Latin and Greek word parts, review weekly worksheets and play word games.

Leader(s): Carolyn Adams, Jennifer Barry

Cost: \$26

Maximum # of participants: 16

Materials to bring: Students will need a 3-ring binder, lined paper, and pencils. Word Roots A1 worksheets and materials for flash cards will be provided. Students are encouraged to bring word games from home such as Boggle, Bananagrams, Quiddler, TriWords, Scrabble, etc.

Homework: Participants will be expected to complete weekly memorization of Latin prefixes, roots and suffixes. They will also be expected to complete Word Roots exercise worksheets(about 2 per week). There will be approximately 45 to 60 minutes of homework per week.

### **Worship Team (Middle & High School)**

**\*Note: All students must be pre-approved by Sandra Erickson or Rebecca Myers.**

This is a team of students that open the assembly each week at SEEK with worship songs. Each student must be proficient with their instrument because there is no time for instrument instruction. Students will learn how to use their skill to lead worship with a band.

Leader(s): Sandra Erickson, Rebecca Myers

Cost: \$33

Maximum # of participants: 18

Materials to bring: Participants will need a 3-ring notebook, pen, paper, and clear music sheets.

Homework: Students will be required to practice daily the music to be led for the next week (2 songs).

### **Cardio-lates (Middle & High School)**

Get the best from both worlds with this winning combination of low-impact cardio and core-strengthening, toning pilates. We'll start the semester with traditional mat work and progress to standing cardio/pilates exercises that incorporate what we've learned on the floor with easy-to-follow exercise sequences. Have fun while challenging your aerobic fitness, improving your posture and increasing flexibility and endurance—all in a non-competitive atmosphere.

Leader(s): Meagan Tsoumbos

Cost: \$13

Maximum # of participants: 15

Materials to bring: Students will need comfortable athletic apparel, 1-3 lb. hand weights, exercise mat and water bottle.

Homework: None

### **You Decide! (Middle & High School)**

Court is in session with You Decide! Come be the judge! You will rule on actual cases presented before the U.S. Supreme Court, and will sharpen your critical thinking skills and legal and historical knowledge as you explore the language, meaning, and history of an amendment.

Leader(s): Tami Jordan, Becky Ulrich

Cost: \$13

Maximum # of participants: 16

Materials to bring: Materials will be supplied.

Homework: None

### **Behind the Plug: Intro to Computer Networks (Middle & High School)**

The web is a magical place. By simply typing in a few characters on your computer, you can reach out and gather information from just about anywhere in the world. Have you ever wondered how it works? Where is all the information stored? How does your computer know where to find the information you've asked for? This class goes behind the plug to see how networks work. You'll discover that the Internet is really just one network among many, each of which is a combination of complex parts interoperating in an inconceivably complex system.

Leader(s): Lori White, Russ White

Cost: \$3

Maximum # of participants: 20

Materials to bring: Participants will need paper and pencil/pen to take notes.

Homework: Minimal to none.

### **Intro to Psychology (High School Only)**

**\*\*\*Note: This course is geared towards upper high school students in grades 10-12 and can be counted as ½ high school credit if all the material in the course is completed. SEEK group time is designed to reinforce the material being studied at home. Parents are responsible for checking homework and administering and grading tests.\*\*\***

This course will introduce psychology using Dr. Tim Rice's Homeschool Psych: Preparing Christian Homeschool Students for Psychology 101. It will cover psychology's basic concepts while looking at its underlying world view assumptions from a Christian perspective. Abstract thinking is required for this class, and parents should be aware that some sensitive topics such as illicit drugs and mental illness are discussed in the text.

Leader(s): Debbie Schmidt, Susan Schmidt

Cost: \$53

Maximum # of participants: 16

Materials to bring: Participants will need to bring a pen or pencil to class. The text and workbook are provided.

Homework: 1-3 hours of homework per week is required to complete assignments. Students will be expected to have completed weekly assignments before coming to class.

### **American Literature: Poetry (High School Only)**

**\*\*\*Note: This course is geared towards upper high school students in grades 10-12 and can be counted as ½ high school credit if all the material in the course is completed. SEEK group time is designed to reinforce the material being studied at home. Parents are responsible for checking homework and administering and grading tests.\*\*\***

Listen my students and you shall hear of my favorite poets from far and near! American Literature: Poetry published by *Total Language Plus* ([www.totallanguageplus.com](http://www.totallanguageplus.com)) covers 30 American poets including Anne Bradstreet, Walt Whitman, Robert Frost, and Henry Wadsworth Longfellow. Students will learn to apply seven important steps for analyzing and appreciating poetry. This program is excellent preparation for the SAT and includes all the literary concepts and vocabulary necessary for poetry analysis. Students will need to use the internet and the library to access the poems studied.

Leader(s): Kim Pohlig

Cost: \$33

Maximum # of participants: 16

Materials to bring: Participants will need their American Literature: Poetry book (provided), notebook with lined paper, pencils, pens and any additional books assigned for that week. Students will need internet and library access to study assigned poems.

Homework: Homework will be assigned four days of the week and will take at least 2-3 hours a week to complete.

### **Study Hall 1st Hour (Middle & High School)**

Study hall is to be used for study ONLY. No computer games or handheld games of any kind are allowed. Computers, Ipods or CD players will only be permitted if used for study purposes. Each student is to bring a book to read or other materials to study. This is not a social hour for talking or discussion. We encourage all SEEK participants to sign up for groups rather than study hall.

Cost: \$0

Maximum # of participants: 12

Materials to bring: Participants will need their study materials, such as books, paper and pencils/pens.

Homework: None

## **Middle School (11-13 years old, 10/16/1996 to 10/15/1999) and High School (14-18 years old, prior to 10/16/1996)**

### **2<sup>nd</sup> Hour**

#### **Made By America (Middle School Only)**

What do the First Transcontinental Railroad, the Panama Canal, the NYC Water Supply, the Golden Gate Bridge, the Holland Tunnel, and the Boulder Dam have in common? They were all "Made By America!" Americans built them—and all by the early 1900's. Historians worldwide agree that these undertakings could only have been accomplished by the ingenuity and dedication of the amazing Americans. Join us this semester as we explore the exciting nuts and bolts of the faces and places that define these American wonders of the world. We will be reading literature pieces, as well as historical documents relevant to this exciting time frame in history.

Leader(s): Casey Biddle, Zina Miller

Cost: \$48

Maximum # of participants: 16

Materials to bring: Participants will need a notebook, paper, pen/ paper, scissors, glue, safety glasses, and a ruler/measuring tape.

Homework: Homework will include literature and history readings, book reports and other writing, research, vocabulary, quizzes and a semester-long research paper. Homework should take about 1-3 hours weekly.

#### **Elementary Economics (Middle School Only)**

Elementary Economics gives students an understanding of how the economy works today. Words like inflation, recession, and depression are commonly used on the news and in politics today, but how many people actually know what they mean? How many people know what causes inflation or the difference between a recession and a depression? This class is designed to give students a foundational knowledge of the economy that will serve them for years to come.

Leader(s): Danielle Howard, Judith Howard

Cost: \$8

Maximum # of participants: 20

Materials to bring: Participants will need pens, paper and a copy of Whatever Happened to Penny Candy (fifth edition) by Richard Maybury.

Homework: Students will be assigned reading in Whatever Happened to Penny Candy and will have a worksheet to fill out based on this reading every class day except for test days. This should take anywhere from 30 minutes to an hour to complete. Students will be expected to study for tests. No homework will be given out the week before a test.

#### **Middle School Essentials (Middle School Only)**

Using Learning to Learn as a guide, this course will cover a variety of topics that will enhance your student's academic and personal experiences in the coming years. The primary emphasis of this class will be organizational skills and study skills, although there will be many topics covered that will help students reach their God-given potential in life. With an emphasis on personal responsibility, participants will be expected to apply the skills they learn as they work through they home school assignments. Topics include: time management, reading effectively, note taking from reading and lectures, first aid, serving others, manners and a host of other practical life skills.

Leader(s): Ann Brown

Cost: \$43

Maximum # of participants: 16

Materials to bring: Students need to bring their provided course materials (Learning to Learn book, binder and planner book) as well as a pen and notebook paper to each class. Students who have difficulty taking notes/writing are encouraged to bring a tape recorder to class to record the lecture.

Homework: There will be approximately 1 1/2 hours of homework weekly, most of which will consist of applying skills covered in class to their regular school assignments. Some assignments, such as goal setting and prioritizing, will require the input of one or more parent.

### **The Hospitality Class (Middle & High School)**

Congratulations! You're to be the honored guest at a formal banquet. You panic when you arrive and notice the table setting with your name on the place card, 10 eating utensils, 4 glasses, three plates, etc...! You ask yourself, "What do I do now?" Have no fear—the Hospitality Class is here! The Hospitality Class will study: what the Bible says about hospitality, different hospitality ministries and usage, hospitality around the world, careers in hospitality, rules of etiquette and manners for teens in today's technological world. The last class will end with a banquet.

Leader(s): Becky Hartman

Cost: \$21

Maximum # of participants: 16

Materials to bring: None. Students will have minimal added expenses for required projects.

Homework: Homework will be minimal.

### **Atelier Video-Based Art Lessons (Middle & High School)**

**\*Note: No art experience is needed in order to participate in the class.**

In this class, students will have the opportunity to take art lessons from the Atelier DVD series (by *Arts Attack*, see [www.homeschoolart.com](http://www.homeschoolart.com)). We will be completing 6 art pieces. We will be using clay and making clay pots while studying Southwest Indian culture. Our art history lesson will be clipper ships using watercolors, media exploration with soft pastels making the Statue of Liberty, to name just a few.

Leader(s): Geri-Ann Dietz

Cost: \$38

Maximum # of participants: 20

Materials to bring: All art materials will be provided, including a notebook, oil pastels, a black marker, a canvas board, clay, paper and any other needed supplies.

Homework: None

### **PE (Middle & High School)**

Come and join us for a fun and invigorating workout. We will enjoy some running, strengthening, basketball, and bodysculpting. We will also learn healthy eating habits and some tasty recipes. This will be a great and exciting way to stay healthy!

Leader(s): Marie Charette, Craig Hardee

Cost: \$13

Maximum # of participants: 16

Materials to bring: Please bring a small notebook, water bottle, towel, change of clothes, and athletic shoes (sneakers). If you have a workout mat please feel free to bring that as well.

Homework: Homework will include a work out for a minimum time of 30 minutes a day. Participants will be asked to log their workout daily schedule.

### **Great Books (Middle and High School)**

As the fall approaches there is nothing better than a great novel and a cup of coffee or hot chocolate. And one more thing—good friends to discuss the novel. In this class, we will cover The Giver by Lowry, The Chosen by Potok, and Our Town by Wilder. We will also do a literary analysis of each novel. We will read the play Our Town and also watch the PBS special performance. As time permits, we will read some of O. Henry's short stories in class.

Leader(s): Autumn Weikert, Michelle Doeffinger

Cost: \$8

Maximum # of participants: 16

Materials to bring: Participants will need a copy of The Giver by Lowry, The Chosen by Potok, and Our Town by Wilder

Homework: Assigned reading for discussion in class.

### **The Truth Project (High School Only)**

**Note: This is Part 1 of a two-semester. The fee covers both semesters.**

This course is a combination of lecture and guided discussion, focusing on issues related to a Christian worldview. We will cover topics such as: What is truth? Who defines right and wrong? What is man's true nature? Who is God? We will also look at various aspects of society such as scientific advancements, government, employment and history to see how these relate to a proper worldview. We will be using material from Focus On The Family's *Truth Project* small group study (<http://www.thetruthproject.org>).

Leader(s): Scott Wylie

Cost: \$43

Maximum # of participants: 20

Materials to bring: Students will need to bring a Bible and a pen.

Homework: None

### **U.S. Government (High School Only)**

**\*\*\*Note: This course is geared towards upper high school students in grades 10-12 and can be counted as ½ high school credit if all the material in the course is completed. SEEK group time is designed to reinforce the material being studied at home. Parents are responsible for checking homework and administering and grading tests.\*\*\***

Using Ray Notgrass's *Exploring Government* course, students will gain an understanding of the purpose and function of government in this class. The students will understand not only what government does but also why our government came to be the way it is and why it does what it does. We will also study what the Bible says a government should look like versus how our government really works. We will study the discrepancies seen between what the founding documents say and what our government actually does. We will gain a greater understanding of the respect our government deserves, as well as the importance of our involvement and prayers. Material will be supplemented with current events affecting our government.

Leader(s): Cindi Schwartz

Cost: \$28

Maximum # of participants: 16

Materials to bring: Participants will need to purchase the following materials: Exploring Government by Ray Notgrass; We Hold These Truths: Historic Documents, Essay & Speeches in American Government, edited by Ray Notgrass; Exploring Government Quiz and Exam book. Students will also need a notebook and pen/pencil.

Homework: Homework assignments will require 20-40 minutes per day. **Students will be expected to complete Unit 1: The Biblical Basis of Government (5 lessons) prior to the first day of SEEK, and will need to finish the last two units after the semester has ended in order to complete the course.**

### **Study Hall 2nd Hour (Middle & High School)**

Study hall is to be used for study ONLY. No computer games or handheld games of any kind are allowed.

Computers, Ipods or CD players will only be permitted if used for study purposes. Each student is to bring a book to read or other materials to study. This is not a social hour for talking or discussion. We encourage all SEEK participants to sign up for groups rather than study hall.

Cost: \$0

Maximum # of participants: 12

Materials to bring: Participants will need their study materials, such as books, paper and pencils/pens.

Homework: None